

SPEED SKATING CANADA

HIGH PERFORMANCE BULLETIN

#152 - SHORT TRACK



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HIGH PERFORMANCE BULLETINS

The High Performance Committee – Short Track (HPCST) will issue bulletins periodically throughout the season informing skaters, coaches and associations of any update and/or changes to selection criteria, competitions, etc.

The HPCST reserves the right to modify or change the enclosed policies in the event that exceptional circumstances arise and that any such changes are clearly in the best interest of the high performance program. In these situations all athletes and coaches will be advised of any changes as soon as they are confirmed by the HPCST.

TABLE OF CONTENTS

Page

2011 / 12 Selection Criteria	
• General Information	3 - 4
• 2012 World Short Track Championships	5 - 6
• 2012 World Cup 5 & 6	7
2011 / 12 Canadian Open Championships / Selections General Information	8 - 10
2011 / 12 Canadian Open Championships / Selections Competition Format	11 - 23
2011 / 12 Canadian Rankings	24
2011 / 12 Skater of the Year	24
APPENDIX A: Bye Policy for High Performance Committees	25 - 28

2011 / 12 Short Track Selection Criteria

General Information

Notification

All athletes selected to the World Championships team must confirm whether they will compete to the Short Track Program Director (in writing) by January 20th, 2012 .

Selection Procedures

All athletes must meet the specific standards for each competition as set by the ISU and SSC to be eligible to compete. Speed Skating Canada will then select athletes for each event as outlined herein in the section relative to the applicable competition and in accordance with the General Intent of Selections (see below).

General Intent of Selections

Overall Objective

The objective of the team selection policy is to prepare and select the Canadian team that meets the identified goal(s) for each competition, according to the program objectives for each season of the Olympic cycle. All team nominations throughout the 2011-12 competition season ultimately serve to prepare athletes so that the best team possible will be selected to represent Canada at the 2012 World Short Track Championships as the most important annual competition.

Special for 2011-12

Due to the fact that the 2011-12 season is in the first half of the Olympic cycle, the HPCST has determined that there is significant strategic value in providing opportunities for developing athletes to gain and/or extend their international competition experience this season. Consequently, entries for World Cups may be rotated amongst a group of athletes to maximise the number of athletes who can benefit from this experience.

Sequence of decisions for team selection

A step-by-step process of team selection has been defined by the HPCST for each competition and can be found within the corresponding section herein.

Bye

An athlete may apply for a Bye to obtain a place on a specific Team in accordance with Appendix A. A Bye provides the opportunity to be selected to a Team for an athlete who, due to exceptional circumstances and through no fault of their own, is unable to qualify for the team through the normal selection competition(s) or selection process. The basic philosophy for granting a Bye is that the athlete being given the Bye has demonstrated superior performance in previous competitions as described in Appendix A. Byes are granted at the discretion of the HPCST.

Discretionary Selection

Discretionary selection provides the HPCST an opportunity to select an athlete or athletes to a Team who, based upon analysis of past performances and the profile of the team being created, is best able to assist SSC in achieving the Overall Objective. The specifics of the discretionary selection are listed in the respective Team composition sections for both World Cups 5 and 6 and the World Short Track Championships.

Naming of Teams

Once the HPCST has finalized the team, SSC will formally announce the selections by posting the team list on the SSC website. Every effort will be made to ensure that this occurs within 5 days of the selection competition, however for the World Championship team, the HPCST reserves the right to delay announcement of the discretionary selections, including both the team member for the World Championships and the athlete participating in the individual distances (3rd for men, 2nd for women) until the return of the Team from World Cup 6. This opportunity will provide the HPCST with greater performance evidence if required to finalize the decision in order to ensure that the best Team is selected.

For each Team, the HPCST will name an alternate athlete in the event that a replacement is required. Such a selection will be at the sole discretion of the HPCST.

Replacement of Skaters

At any time, the HPCST reserves the right to replace an athlete if medical advice dictates that competing in the event may be potentially injurious to the selected athlete or that the athlete has not sufficiently recovered from a previous or existing injury.

If an athlete who is named to a team withdraws or declines his/her position on the Team prior to departure for the competition, he/she will be replaced by the alternate.

If an athlete who is named to a Team is injured or becomes ill following departure for the competition, or series of competitions the HPCST will determine whether he/she will be replaced by the alternate.

2012 World Short Track Championships selection process

Eligibility:

ISU determines the eligibility of Canada to submit entries for this Championship.

Team composition:

The 2012 World Short Track Championships Team will be composed of 5 women and 5 men.

Sequence of decisions and team selection criteria: World Championships

Step 1 Select **top 3** athletes based on results of cumulative overall rankings from the Canadian Open Championships. If a tie in points exists, the athlete with the higher cumulative overall ranking prior to the 3000m, including only the 500m, 1000m and 1500m distances will be ranked higher.

Step 2 **If a request has been made for a bye**, the bye point system will be used for head-to-head comparison of athletes. (refer to the bye point policy - Appendix A). The bye point system will determine the placement of the athlete and consequently the adjusted final selection ranking.

If no request for a bye has been made, or if a request or requests have been made but have not been placed within the top 4 athletes within the adjusted final selection ranking, the athlete in the 4th position in the cumulative overall rankings from the Canadian Open Championships will be selected to the Team. If a tie in points exists, the athlete with the higher cumulative overall ranking prior to the 3000m, including only the 500m, 1000m and 1500m distances will be ranked higher.

Step 3 The HPCST, in consultation with the National Team coaches, will select the athlete for the remaining 5th position according to the guidelines immediately following for discretionary selections. The discretionary selection will be limited to athletes placed in positions 5 through 9 within the adjusted final selection ranking which may include athletes placed through the application of the Bye Point system.

In selecting athletes for the discretionary position, the HPCST, with input from National Team coaches, will evaluate the athletes to select the best Team to represent Canada at the World Short Track Championships.

In order to meet the overall objective of Team selections the following elements will be reviewed. As the discretionary position is primarily to select the best Team member for the relay events, the National Team coaches' assessment will cover the following elements:

- International relay performances & experience
- International performances & experience
- National performances
- Training performance
- Readiness for competition
- Team dynamics
- Commitment to the training program
- Medical and health status
- Long-term athlete development

Competition Performances will be defined as competitions completed within the past 12 months. When performances from the past 12 months are not sufficient to enable a fair comparison and evaluation between athletes, competitions from beyond this period may be considered at the discretion of the HPSTC.

Individual distances

The full quota to skate individual distances at the World Short Track Championships from the ISU is 3 men and 3 women. *For 2011-2012, the Canadian men's quota is 3 and the Canadian women's quota for individual distances is 2.

The top 2 men identified in Step 1 (above) will be automatically entered for the individual distances at the World Championship competition.

The top woman identified in step 1 (above) will be automatically entered.

The remaining individual distance entry will be determined at the absolute discretion of the HPSTC from amongst the remaining team members as only the top 2 male athletes and 1 female athlete identified in Step 1 will be automatically entered to skate the individual distances at the World Championships competition.

In order to meet the overall objective of Team selections for the individual distances the national team coaches' assessment will cover the following elements:

- Potential for Podium performances
- International performances & experience
- National performances
- Training performance
- Readiness for competition
- Team dynamics
- Commitment to the training program
- Medical and health status
- Long-term athlete development

Relay

All 5 Team members will be eligible to compete in the relay, however the National Team coach at the World Championships will determine the composition of the relay Team for each round of competition.

Performance issue

If an athlete's training performances are clearly inferior to the performances that earned him/her selection to the World Short Track Championships Team, the HPCST may make the decision to replace the athlete with an alternate.

2012 Winter World Cups 5 and 6 selection process

For World Cups 5 and 6, the Team will be selected on the basis of results at the Canadian Open Championships and HPCST discretion as follows.

Team Composition

The Team will be composed of 6 athletes per gender.

Sequence of decisions and team selection criteria: World Cups 5 & 6

- Step 1 Select the 5 male and 5 female athletes who have been confirmed to the World Short Track Championships Team, after the application of the bye request process and discretionary selections.
- Step 2 The HPCST, in consultation with the National Team coaches, will select the athlete for the remaining 6th position. The discretionary selection will be limited to athletes placed in positions 5 through 9 within the adjusted final selection ranking which may include athletes placed through the application of the Bye Point system.

In order to meet the overall objective of Team selections the following elements will be reviewed for the discretionary selection. As the discretionary position may be to confirm the World Championships team or to provide further international experience, the National Team coaches' assessment will cover the following elements: • International relay performances & experience • International performances & experience • National performances • Training performance • Readiness for competition • Team dynamics • Commitment to the training program, • Medical and health status • Long-term athlete development

Competition Performances will be defined as competitions completed within the past 12 months. When performances from the past 12 months are not sufficient to enable a fair comparison and evaluation between athletes, competitions from beyond this period may be considered at the discretion of the HPSTC.

*Members of the World Cup 5 & 6 team who are also on the World Championships team may need to be replaced with an alternate for World Cup 6 in order to return to Canada to prepare for the World Championships. This requirement will be evaluated by the HPCST with input from the Short Track Program Director and National Team coaches Replacements will be at the sole discretion of the HPCST.

Individual distances

The top 2 male athletes and top 2 female identified in Step 1 above, in consultation with the National Team coaches will have preference as to their entry in individual distances at the World Cup 5 & 6 competitions.

The remaining individual distance entries will be determined on the basis of individual needs for the athletes' preparation for the World Championships and will be made by the National Team coach at the respective World Cup competitions.

2011 – 2012 National Competitions / Canadian Open

General information

- a) In order to compete in these events skaters must be Canadian citizens, registered members of Speed Skating Canada and eligible to represent Canada in international competition. The competitions will be held on the ISU 111.12m oval track. The racing rules of SSC, and where applicable, the ISU will be used. Exceptions to the rules for the purpose of selecting the World Championship and World Cup Teams are noted in the 2011 / 12 Competition Format section of this Bulletin.
- b) Skaters must have reached the age of 15 before July 1, 2011 to compete in these events as they are selection races for senior international competitions (ISU Rule 108).
- c) **PLEASE NOTE** All skaters are required to wear cut resistant clothing (undergarment or racing suit) that meets the ISU standards as described in ISU Communication 1265.
- d) Skaters qualify for these National Team Selection events as follows:

Canadian Open Championships (Saguenay, QC, January 13 - 15, 2012)

The Canadian Open Championships will have a maximum of 32 entries. Skaters from the Fall World Cup Selections are automatically eligible to compete. The eligible skaters will include the originally qualified entrants as well as the replacement skaters who participated in the competition.

The remaining skaters will be selected based on overall ranking from the National Qualifier competition.

If any skater from the Fall World Cup Selections is unable to compete at the Canadian Open Championships, the resulting positions will be added to those available through the National Qualifier.

National Team Selections #2: (Calgary, AB, March 9-11, 2012)

The National Team Selection #2 will have a maximum of 24 entries. Skaters ranked 1 to 24 following the Canadian Open Championships (excluding the World Championship Team) will be automatically qualified for entry to National Team Selections #2 (subject to Bye requests).

Confirmation of Entries

Skaters are **required to confirm their intent to participate in writing** to Speed Skating Canada by:

Confirmation deadline	Competition	Publication date of final entry list
December 30 th , 2011	Canadian Open Championships	January 4 th , 2012
February 24, 2012	National Team Selections #2	February 27, 2012

PLEASE NOTE: Positions **NOT confirmed by the deadline** will be allocated to the next ranked eligible skater.

If an athlete enters and is then forced to withdraw due to illness, injury etc., the resulting available position at the end of the entry list will automatically be offered to the next eligible athlete. If the withdrawal is made within seven (7) days of the event, typically only the next eligible athlete in the ranking list will be offered the vacant position. However, the HPC reserves the right to evaluate any additional replacements after the first alternate athlete as necessary in the best interest of the competition.

National Team Uniforms

During an event sanctioned by Speed Skating Canada the athletes must not wear a competition uniform (skin suit) identified as belonging to a national team or to another country, unless he or she belongs to that team or country at the time of the competition. (SSC Rule N1-106).

In addition, no Speed Skating Canada National or Development Team skin suits from a previous season are permitted to be worn by any skater during Fall World Cup Selections, Canadian Open Championships, National Team Selections #2, Canadian Junior Championships or National Qualifier unless authorized by Speed Skating Canada.

Canadian Ranking Points

Canadian Ranking Points are allocated according to the final rankings per distance for each of Canadian Open Championships and National Team Selections #2.

Canadian Ranking Points will be used to select teams for competitions and determine a final season ranking to select athletes for the National and Development Teams for the following season. (see specific selection criteria for each team). Final placing in a particular distance is determined on the basis of the final in which a skater competes and their finish position in that final.

Canadian Ranking Points are then allocated on the final ranking in each distance from Canadian Open Championships and National Team Selections #2 as follows:

Canadian Open Championships and National Team Selections #2 (500m, 1000m, 1500m)

<u>Place</u>	<u>pts</u>	<u>Place</u>	<u>pts</u>	<u>Place</u>	<u>pts</u>	<u>Place</u>	<u>pts</u>
1	1000	9	196	17	37	25	5
2	816	10	160	18	30	26	4
3	666	11	130	19	24	27	3
4	543	12	106	20	19	28	2
5	443	13	86	21	15	29	1.5
6	362	14	70	22	12	30	1
7	295	15	57	23	9	31	0.5
8	241	16	46	24	7	32	0

Canadian Open Championships and National Team Selections #2 (3000m)

<u>Place</u>	<u>pts</u>	<u>Place</u>	<u>pts</u>
1	500	9	98
2	408	10	80
3	333	11	65
4	272	12	53
5	222	13	43
6	181	14	35
7	148	15	29
8	121	16	23

Special Racing Rules:

Penalties, failure to finish, scratches:

In case of penalty, failure to finish due to infraction, or scratches, the following rules will apply:

1. Penalized skaters will receive the last place rank and seeding points in that race and be placed directly into the lowest bracket/race in the next round.
2. Skaters who drop out before a race will receive the last place position, behind any skaters who might subsequently fail to finish due to infraction or be penalized and receive the seeding points according to the final order in that distance. In the specific case of skaters who drop out before the 3000m or from previous distances they will maintain their cumulative ranking and will also receive the last place position behind any skaters who might subsequently fail to finish due to infraction or be penalized and receive the points according to the final order in that distance.
3. Skaters who withdraw before the distance will receive no Rankings points for that distance and the distance will be re-seeded
4. Skaters who withdraw from a distance are permitted to continue in the competition for any subsequent distances.
5. A skater who has not finished the race because of an infraction by another skater will receive their position ahead of any penalized skaters.
6. An athlete who does not finish a race will not be allowed to start the following round of the distance unless an advancement is warranted according to the ISU World Cup procedures or Special Rules Exception.
7. In special circumstances where an athlete is not able to finish a race as a result of injury, the referee in consultation with the High Performance Jury (High Performance Committee Chair and/or High Performance elected members in attendance and National Short Track Program Director) may decide to advance the athlete to the next round to ensure the most fair allocation of final ranking points.
8. In special circumstances where an athlete is not able to finish a race as a result of equipment failure/breakage during a race, this must be reported to and verified by the race referee immediately following the race in which the equipment breakage occurred. The athlete will be advanced in the lower bracket of the next round and permitted to continue in the distance.
9. Advancement will be in accordance with the ISU World Cup procedures. In brief, advanced skaters will receive seeding points as per their finish in the race from which they were advanced, and will be seeded into the next round of racing on the basis of these seeding points. Advanced skaters will not be seeded in any specified order; instead, their ranking after the previous round will determine which race they are seeded into for the subsequent round.

2011 / 12 Competition Format

Canadian Open Championships & National Selection #2

1. Competition format: Canadian Open Championships

The format for these competitions is as follows:

Day 1: 1500m

Day 2: 500m

Day 3: 1000m, 3000m, 3000m relay women, 5000m relay men

Seeding for first round

1500m

For those skaters who earned an automatic entry by competing in the Fall World Cup Selections, seeding for the first round of the 1500m distance will be made on the basis of the skater's 1500m ranking position at the Fall World Cup Selections. In the event of a tie, the skater with the best time will be placed higher in the ranking.

Skaters who earned a position through the National Qualifier will be seeded for the first round of the 1500m distance on the basis of their overall ranking from the National Qualifier competition, below those who earned automatic entries from the Fall World Cup Selections. In the event of a tie, the skater with the best time will be placed higher in the ranking.

500m

The seeding for the first round of the 500m distance will be made on the basis of the average of the skater's ranking position in the 500m at the Fall World Cup Selections and their ranking in the 1500m at the 2011 Canadian Open Championship. In the event of a tie, the skater with the best time in the 500m event will be placed higher in the ranking.

Skaters who earned a position through the National Qualifier will be seeded for the first round of the 500m distance on the basis of the average of their overall ranking from the National Qualifier competition and their ranking in the 1500m of the 2011 Canadian Open Championship. In the event of a tie, the skater with the best time in the 500m event will be placed higher in the ranking.

1000m

For all skaters, seeding for the first round of the 1000m will be made on the basis of the cumulative ranking from the 1500m and 500m distances at the 2011 Canadian Open Championships. In the event of a tie, the skater with the best total time from the 1500m and 500m will be placed higher in the ranking.

PLEASE NOTE: the HPC reserves the right to adjust seedings for all competitions to ensure the most fair and appropriate racing conditions for athletes who do not have a 2010 / 11 Canadian ranking or were not able to participate in all National Selection competitions from the 2010 / 11 and 2011 / 12 seasons.

Seedings for Quarter-finals and Semi-finals

Seeding for the semi-finals in the 1500m, and for the quarter-finals and semi-finals in the 500m and 1000m distances will be done on the basis of a ranking derived from seeding points awarded in the heats (for the 1500m) and heats and quarter-finals (for the 500m and 1000m) as described below.

Ties in seeding points will be broken by referring to the placing and then times skated in the previous round of racing; the highest placing and then fastest time among those tied in seeding points will be seeded highest and so on.

If there is still a tie then the skater with the highest original seeding for the distance will be seeded highest and so on. Any further ties will be broken by a coin toss.

Placing in previous round:	<u>1st</u>	<u>2nd</u>	<u>3rd</u>	<u>4th</u>	<u>5th</u>	<u>6th</u>	<u>7th</u>	<u>8th</u>
Seeding points	34	21	13	8	5	3	2	1

Lane Positions

PLEASE NOTE lane positions will be determined as per ISU rule 296. For the first qualifying round of a distance lane positions will be drawn by the Competitor Steward. For each subsequent round the lane position will be decided by the times skated in the preceding qualifying round. Skaters will be assigned lane positions from the inside of the track to the outside in the order of their times commencing with the fastest time.

Composition of the Heats (1500m)

	1500m Heats					
Distance seeding	A	B	C	D	E	F
	1	2	3	4	5	6
	12	11	10	9	8	7
	13	14	15	16	17	18
	24	23	22	21	20	19
	25	26	27	28	29	30
					32	31

If starting numbers are reduced from 32, the High Performance Jury (High Performance Committee Chair and/or High Performance elected members in attendance and Short Track Program Director) will determine the most suitable number of heats to ensure the fairest racing conditions.

Composition of Semi-finals (1500m)

Top Bracket

The top 3 skaters from each of the 6 heats will be placed into the top bracket (final ranks 1-18) and seeded into 3 semi-finals (A, B, C) as described above.

Bottom Bracket

The remaining skaters from each of the 6 heats will be placed into the bottom bracket (final ranks 19-32) and seeded into 2 semi-finals (D, E) as described above.

Semi-Finals 1500m

	Semi-finals top bracket				Semi-finals bottom bracket	
	A	B	C		D	E
Rank from 1 st round	1	2	3		19	20
	6	5	4		22	21
	7	8	9		23	24
	12	11	10		26	25
	13	14	15		27	28
	18	17	16		30	29
					31	32

Composition of Finals (1500m)

Final A: 1st and 2nd of Semis A, B and C

Final B: 3rd and 4th of Semis A, B and C

Final C: Remaining skaters from Semis A, B and C

Final D: 1st, 2nd and 3rd from Semis D and E, + fastest 4th from semis D and E (7 skaters)

Final E: Remaining skaters from Semis D and E

Composition of Heats (500m and 1000m)

	500m and 1000m Heats							
	A	B	C	D	E	F	G	H
Distance seeding	1	2	3	4	5	6	7	8
	16	15	14	13	12	11	10	9
	17	18	19	20	21	22	23	24
	32	31	30	29	28	27	26	25

If starting numbers are reduced from 32, the High Performance Jury (High Performance Committee Chair and/or High Performance elected members in attendance and Short Track Program Director) will determine the most suitable number of heats to ensure the fairest racing conditions.

Composition of Quarter- finals (500m and 1000m)

Top Bracket

The top 2 skaters from each of the 8 heats will be placed into the top bracket (final ranks 1-16 or lower depending on the number of advancements in the heats) and seeded into 4 quarter-finals (A, B, C, D) as described above.

Bottom Bracket

The remaining skaters from each of the 8 heats will be placed into the bottom bracket (final ranks 17-32) and seeded into 4 quarter-finals (E, F G, H) as described above.

Quarter-finals 500m and 1000m

	Quarter-finals top bracket				Quarter-finals bottom bracket			
	A	B	C	D	E	F	G	H
Rank from 1st round	1	2	3	4	17	18	19	20
	8	7	6	5	24	23	22	21
	9	10	11	12	25	26	27	28
	16	15	14	13	32	31	30	29

Composition of Semi-Finals (500m and 1000m)

Top Bracket

The top 2 skaters from each of the 4 top bracket quarter-finals will be seeded into the top 2 semi-finals (A, B; final ranks 1-8 or lower depending on the number of advancements in the quarter-finals) as described above.

The remaining skaters from each of the 4 top bracket quarter-finals will be seeded into the next 2 semi-finals (C, D; final ranks 9-16 or lower depending on the number of advancements in the heats and quarter-finals) as described above.

Bottom Bracket

The top 2 skaters from each of the 4 bottom bracket quarter-finals will be seeded into the top 2 bottom bracket semi-finals (E, F; final ranks 17-24) as described above.

The remaining skaters from each of the 4 bottom bracket quarter-finals will be seeded into the last 2 semi-finals (G, H; final ranks 25-32) as described above.

Semi finals 500m and 1000m

	Semi - finals top bracket				Semi - finals bottom bracket			
	A	B	C	D	E	F	G	H
Rank from quarter finals	1	2	9	10	17	18	25	26
	4	3	12	11	20	19	28	27
	5	6	13	14	21	22	29	30
	8	7	16	15	24	23	32	31

Composition of Finals (500m and 1000m)

Final A: 1st and 2nd skaters from Semis A and B
 Final B: Remaining skaters from Semis A and B
 Final C: 1st and 2nd skaters from Semis C and D
 Final D: Remaining skaters from Semis C and D
 Final E: 1st and 2nd skaters from Semis E and F
 Final F: Remaining skaters from Semis E and F
 Final G: 1st and 2nd skaters from Semis G and H
 Final H: Remaining skaters from Semis G and H

If there are more than 6 skaters in Final D, a Final D-2 will be held containing the 5th and 6th place finishers from Semi-finals C and D. This is to prevent too many skaters in Final D, a situation that could arise if there are numerous advancements into the top bracket in the heats and quarterfinals. In the case where a Final D-2 is held, the points for Finals E-H will be adjusted downwards to account for the extra skaters in Final D-2.

Composition of relay teams.

The top 12 ranked skaters overall will be eligible to compete in the relay event as well as the members of the World Junior Championships Team. If any of the top 12 ranked skaters or members of the World Junior Championships Team are unable to participate, the relay teams will be filled by going down the ranking list after position 12.

The relay teams will be composed on the basis of rankings as follows:

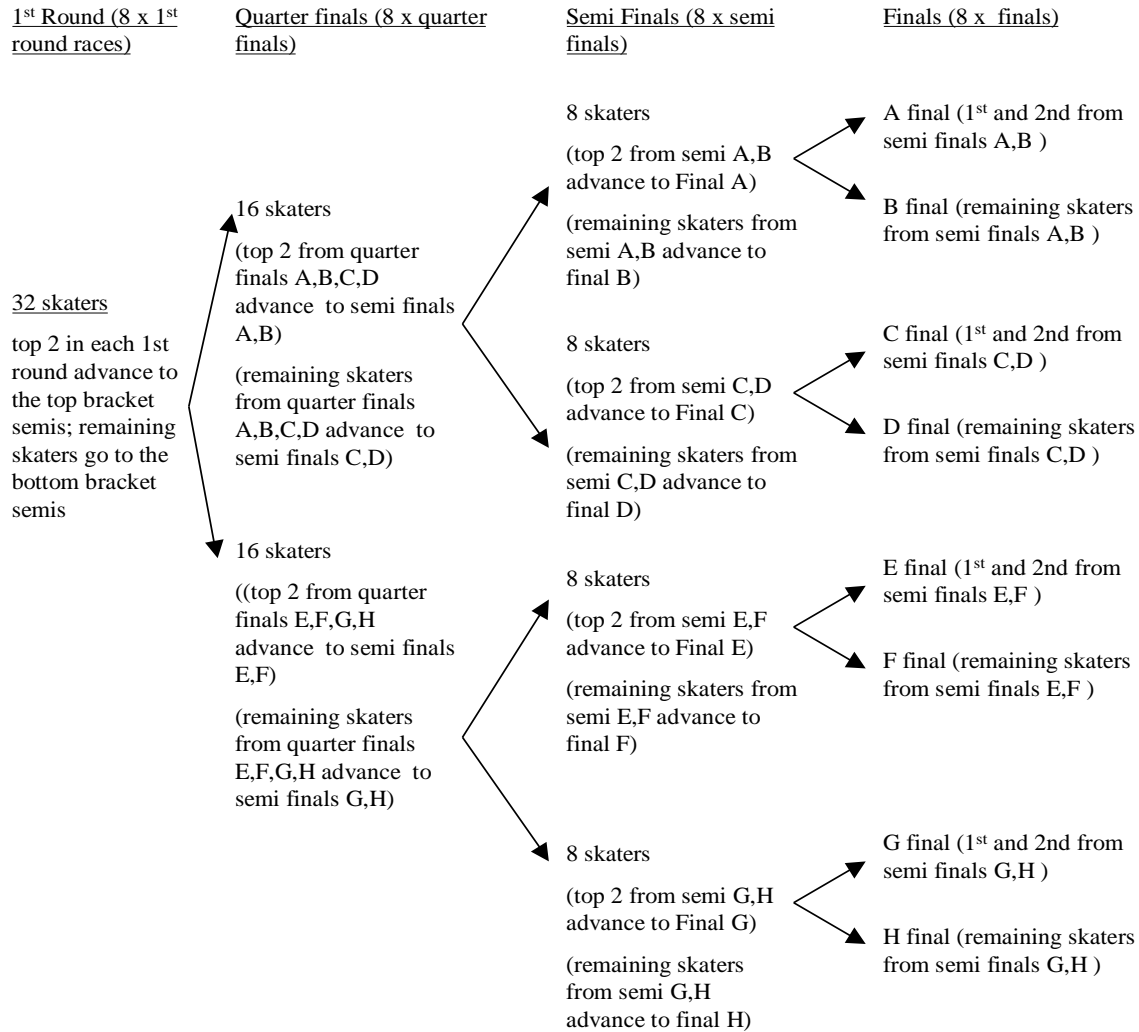
Team A – 1, 6, 7, 12

Team B – 2, 5, 8, 11

Team C – 3, 4, 9, 10

Team D - World Junior Championship Team

Progression chart for 500m and 1000m races



3000m

The 3000m will consist of 2 finals. Skaters ranked 1-8 in cumulative ranking points after the 1000m will skate in final A. Skaters ranked 9-16 in cumulative ranking points after the 1000m will skate in final B. In case of a tie for the 8th or 16th place, the tied skaters will skate in final A or final B respectively.

A premium of points will be awarded for the skater crossing the finish line first after 9 laps.

During the 3000m, if a skater in contention for a place on the World Championship Team is taken out of the race (causing a fall or major interference) resulting in a disqualification, the referee must stop the race and begin again without the disqualified skater, regardless of how many laps remain in the race. Here is the number of laps for the restart, depending where the referee stops the race

<u>Laps remaining</u>	<u>Laps for restart</u>
27 – 18	27
18 – 0	18

If the 3000m race is stopped by the referee, and if a skater(s) has/have established a one-lap lead with contact to the main group, skaters that have been lapped will skate one (or more) additional lap(s) than the lead skater(s).

Ranking Points:

Skaters earn ranking points during the finals races for each distance as follows:

a) The ranking points for the first 1500m are as follows:

Finals	1st	2nd	3rd	4th	5th	6th	7th
Final A	1000	816	666	543	443	362	
Final B	295	241	196	160	130	106	
Final C	86	70	57	46	37	30	
Final D	24	19	15	12	9	7	5
Final E	4	3	2	1.5	1	.5	0

b) The ranking points for the 500m and 1000m are as follows:

Finals	1st	2nd	3rd	4th
Final A	1000	816	666	543
Final B	443	362	295	241
Final C	196	160	130	106
Final D	86	70	57	46
Final E	37	30	24	19
Final F	15	12	9	7
Final G	5	4	3	2
Final H	1.5	1	.5	0

c) The ranking points for the 3000m are as follows:

Finals	1st	2nd	3rd	4th	5th	6th	7th	8th
Final A	500	408	333	272	222	181	148	121
Final B	98	80	65	53	43	35	29	23

Note a premium of 74 points will be awarded to the athlete crossing the line first following the first nine laps of the 3000m distance in Final A. This represents the same percentage provided at the ISU World Championships (5 points premium for 34 total points: 74 points premium for 500m total points). The same percentage of points will be awarded to the athlete crossing the line first following the first nine laps of the 3000m distance in Final B according to the top points available in Final B (15 points if 8 skaters in the A final, 12 points if 9 skaters in the A final).

If there are more than 4 athletes in a 500m or 1000m final or more than 6 in a 1500m final, the points of the 5th place, 6th place etc, will be the points of the 1st place, 2nd place, etc. of the following final. The rest of the points will then be adjusted accordingly.

Advancement

Advancement will be in accordance with the ISU World Cup procedures. In brief, advanced skaters will receive seeding points as per their finish in the race from which they were advanced, and will be seeded into the next round of racing on the basis of these seeding points. Advanced skaters will not be seeded in any specified order; instead, their ranking after the previous round will determine which race they are seeded into for the subsequent round.

2- Competition Format: National Team Selections #2

The format for these competitions is as follows:

Day 1: 1500m

Day 2: 500m

Day 3: 1000m, 3000m, 3000m relay women, 5000m relay men

Seeding for first round

1500m

Skaters will be seeded for the first round of the 1500m distance based on their ranking position in the 1500m at the Canadian Open Championships. In the event of a tie, the skater with the best time will be placed higher in the ranking.

500m

Skaters will be seeded for the first round of the 500m distance based on the average of their ranking position in the 500m at the Canadian Open Championships and their ranking in the 1500m at the 2011 National Selections #2. In the event of a tie, the skater with the best time in the 500m at the Canadian Open will be placed higher in the ranking.

1000m

Seeding for the first round of the 1000m will be made on the basis of the cumulative ranking from the 1500m and 500m distances at the 2011 National Selections #2. In the event of a tie, the skater with the best total time from the 1500m and 500m distances will be placed higher in the ranking.

PLEASE NOTE: the HPC reserves the right to adjust seeding's for all competitions to ensure the most fair and appropriate racing conditions for athletes who do not have a 2010 / 11 Canadian ranking or were not able to participate in all National Selection competitions from the 2010 / -11 and 2011 / 12 seasons.

Ranking Points:

Skaters earn ranking points during the finals races for each distance as follows:

a) The ranking points for the first 1500m are as follows:

Finals	1st	2nd	3rd	4th	5th	6th
Final A	1000	816	666	543	443	362
Final B	295	241	196	160	130	106
Final C	86	70	57	46	37	30
Final D	24	19	15	12	9	7

b) The ranking points for the 500m and 1000m are as follows:

Finals	1st	2nd	3rd	4th
Final A	1000	816	666	543
Final B	443	362	295	241
Final C	196	160	130	106
Final D	86	70	57	46
Final E	37	30	24	19
Final F	15	12	9	7

If there are more than 4 skaters in a 500m or 1000m final or 6 in a 1500m final, the points of the 5th place, 6th place etc, will be the points of the 1st place, 2nd place, etc. of the following final. The rest of the points will then be adjusted accordingly.

Composition of the Heats (1500m)

		1500m Heats			
Distance seeding	A	B	C	D	
	1	2	3	4	
	8	7	6	5	
	9	10	11	12	
	16	15	14	13	
	17	18	19	20	
	24	23	22	21	

If starting numbers are reduced from 24, the High Performance Jury (High Performance Committee Chair and/or High Performance elected members in attendance and Short Track Program Director) will determine the most suitable number of heats to ensure the most fair racing conditions.

Composition of the Semi-finals (1500m)

The top 3 skaters from each of the 4 heats will be seeded into the top 2 semi-finals (A, B; final rank 1-12 or lower depending on the number of advancements in the heats) on the basis of a ranking derived from ISU seeding points. Ties will be broken by referring to the times skated in the heats; the fastest time among those tied in points will be seeded highest and so on. If there is still a tie then the skater with the highest original seeding for the distance will be seeded highest and so on. Any further ties will be broken by lot.

The remaining skaters from the 4 heats will be seeded into the next 2 semi-finals (C, D; final rank 13-24) on the basis of a ranking derived from ISU seeding points. Ties will be broken by referring to the times skated in the heats; the fastest time among those tied in points will be seeded highest and so on. If there is still a tie then the skater with the highest original seeding for the distance will be seeded highest and so on. Any further ties will be broken by lot

Semi-Finals 1500m

	Semi-finals top bracket			Semi-finals bottom bracket	
	A	B		C	D
Rank from 1st round	1	2		13	14
	4	3		16	15
	5	6		17	18
	8	7		20	19
	9	10		21	22
	12	11		24	23

Composition of the Finals (1500m)

- Final A: Top 3 from Semi A and Semi B
Final B: Remaining skaters from Semi A and Semi B
Final C: Top 3 from Semi C and Semi D
Final D: Remaining skaters from Semi C and Semi D

Composition of heats for 500m and 1000m

	Heats 500m & 1000m					
	A	B	C	D	E	F
Ranking from 1500m	1	2	3	4	5	6
	12	11	10	9	8	7
	13	14	15	16	17	18
	24	23	22	21	20	19

If starting numbers are reduced from 24, the High Performance Jury (High Performance Committee Chair and/or High Performance elected members in attendance and Short Track Program Director) will determine the most suitable number of heats to ensure the most fair racing conditions.

Composition of the Quarter-finals (500m, 1000m)

The top 2 skaters from each of the 6 heats plus the 4 fastest 3rd place finishers will be placed into the top 4 quarterfinals (A, B, C, D; final rank 1-16 or lower depending on the number of advancements in the 1st round) on the basis of a ranking derived from ISU seeding points from the 1st round. Ties will be broken by referring to the times skated in the 1st round; the fastest time among those tied in points will be seeded highest and so on. If there is still a tie then the skater with the highest original seeding for the distance will be seeded highest and so on. Any further ties will be broken by lot.

Note: All other skaters [final rank, 17 (or lower depending on advancements from the 1st round) – 24] will proceed directly to the semi-finals

Quarter-finals 500m & 1000m

Rankings from heats 500m & 1000m	Quarter-finals			
	A	B	C	D
	1	2	3	4
	8	7	6	5
	9	10	11	12
16	15	14	13	

Composition of the Semi-finals (500m & 1000m)

The top 2 skaters from each of the 4 quarter-finals will be placed into the top 2 semi-finals (A, B; final rank 1-8 or lower depending on the number of advancements in the quarter-finals) on the basis of a ranking derived from ISU seeding points from the heats and quarter-finals. Ties will be broken by referring to the times skated in the quarter-finals; the fastest time among those tied in points will be seeded highest and so on. If there is still a tie then the skater with the highest original seeding for the distance will be seeded highest and so on. Any further ties will be broken by lot.

The remaining skaters from each of the 4 quarter-finals will be placed into the next 2 semi-finals (C, D; final rank 9-16 or lower depending on the number of advancements in the heats) on the basis of a ranking derived from ISU seeding points from the heats and quarter-finals. Ties will be broken by referring to the times skated in the quarter-finals; the fastest time among those tied in points will be seeded highest and so on. If there is still a tie then the skater with the highest original seeding for the distance will be seeded highest and so on. Any further ties will be broken by lot.

The remaining skaters from the heats will be placed into the last 2 semi-finals (E, F; final rank 17-24) on the basis of a ranking derived from ISU seeding points from the heats. Ties will be broken by referring to the times skated in the heats; the fastest time among those tied in points will be seeded highest and so on. If there is still a tie then the skater with the highest original seeding for the distance will be seeded highest and so on. Any further ties will be broken by a coin toss.

Semi-finals 500m & 1000m

Rankings from quarter finals + heats 500m & 1000m	Semi-finals					
	A	B	C	D	E	F
	1	2	9	10	17	18
	4	3	12	11	20	19
	5	6	13	14	21	22
8	7	16	15	24	23	

Composition of the Finals (500m & 1000m)

Final A:	Top 2 from Semis A and B
Final B:	Remaining skaters from Semis A and B
Final C:	Top 2 from Semis C and D
Final D:	Remaining skaters from Semis C and D*
Final E:	Top 2 from Semis E and F
Final F:	Remaining skaters from Semis E and F

* If there are more than 6 skaters in Final D, a Final D-2 will be held, containing the 5th and 6th place finishers in Semi-finals C and D. This is to prevent too many skaters in Final D.

3000m

The 3000m will consist of 2 finals. Skaters ranked 1-8 in cumulative ranking points after the 1000m will skate in final A. Skaters ranked 9-16 in cumulative ranking points after the 1000m will skate in final B. In case of a tie for the 8th or 16th place, the tied skaters will skate in final A or final B respectively.

A premium of points will be awarded for the skater crossing the finish line first after 9 laps.

During the 3000m, if a skater in contention for a place on the World Championship Team is taken out of the race (causing a fall or major interference) resulting in a disqualification, the referee must stop the race and begin again without the disqualified skater, regardless of how many laps remain in the race. Here is the number of laps for the restart, depending where the referee stops the race

<u>Laps remaining</u>	<u>Laps for restart</u>
27 – 18	27
18 – 0	18

If the 3000m race is stopped by the referee, and if a skater(s) has/have established a one-lap lead with contact to the main group, skaters that have been lapped will skate one (or more) additional lap(s) than the lead skater(s).

Ranking Points:

Skaters earn ranking points during the finals races for each distance as follows:

a) The ranking points for the first 1500m are as follows:

Finals	1st	2nd	3rd	4th	5th	6th	7th
Final A	1000	816	666	543	443	362	
Final B	295	241	196	160	130	106	
Final C	86	70	57	46	37	30	
Final D	24	19	15	12	9	7	5
Final E	4	3	2	1.5	1	.5	0

b) The ranking points for the 500m and 1000m are as follows:

Finals	1st	2nd	3rd	4th
Final A	1000	816	666	543
Final B	443	362	295	241
Final C	196	160	130	106
Final D	86	70	57	46
Final E	37	30	24	19
Final F	15	12	9	7
Final G	5	4	3	2
Final H	1.5	1	.5	0

c) The ranking points for the 3000m are as follows:

Finals	1st	2nd	3rd	4th	5th	6th	7th	8th
Final A	500	408	333	272	222	181	148	121
Final B	98	80	65	53	43	35	29	23

Note a premium of 74 points will be awarded to the athlete crossing the line first following the first nine laps of the 3000m distance in Final A. This represents the same percentage provided at the ISU World Championships (5 points premium for 34 total points: 74 points premium for 500m total points). The same percentage of points will be awarded to the athlete crossing the line first following the first nine laps of the 3000m distance in Final B according to the top points available in Final B (15 points if 8 in final A, 12 points if 9 in final and so on).

If there are more than 4 skaters in a 500m or 1000m final or 6 in a 1500m final, the points of the 5th place, 6th place etc, will be the points of the 1st place, 2nd place, etc. of the following final. The rest of the points will then be adjusted accordingly.

Composition of relay teams.

The top 16 ranked skaters following the 3 distances of each competition will be eligible to compete in the relay event.

The relay teams will be composed on the basis of rankings as follows:

- Team A – 1, 8, 9, 16
- Team B – 2, 7, 10, 15
- Team C – 3, 6, 11, 14
- Team D – 4, 5, 12, 13

If any skater from the top 16 withdraws, the next skater will be selected.

2011 / 12 Canadian Rankings

For the purposes of determining a final overall Canadian Ranking, the original athletes selected to the 2012 World Individual Championships Team will be ranked 1 to 5 in order of their selection to that Team. If an alternate is selected to the Team to participate at the World Individual Championships, they will be ranked 6th.

For the remainder of athletes, their rankings will be determined from the cumulative ranking points from the Canadian Open Championships and National Team Selections #2 (adjusted for any Bye Requests). The two competitions will be weighted as follows:

Canadian Open Championships =	50 %
National Team Selections #2 =	50 %

In the event that 2 or more athletes achieve the same ranking they will be separated on the basis of their head-to-head results in each distance skated at the Canadian Open Championships and National Team Selections #2. If athletes are still tied, the best result in an individual distance at the Canadian Open Championships will be used to separate the athletes.

Individual distance rankings will also be determined using the same weighting of distances:

Canadian Open Championships =	50%
National Team Selections #2 =	50%

Athletes selected to the 2012 World Championships team will be ranked on the basis of their individual distance ranking from the Canadian Open Championships. In the event of a tie in ranking points, the athlete selected to skate that distance in the World Championships will automatically be ranked higher.

2011 / 12 Short Track Skater of the Year / Rising Star

Speed Skating Canada announces at the Annual General Meeting each year a Male and Female Short Track Skater of the Year. The HPCST will determine the winner of the awards with consideration of all performances throughout the current season including World Championships, World Cups and National Competitions.

Speed Skating Canada may also announce at the Annual General Meeting, a "Rising Star" award. The HPCST will determine the winner of the award with consideration of all performances throughout the current season including World Championships, World Cups and National Competitions.

Appendix A

GUIDELINES FOR THE ALLOCATION OF BYES

1. Purpose

To provide guidelines to the High Performance Committees in the granting of Byes.

2. Philosophy for allocation of byes

Due to exceptional circumstances (e.g. illness, injury, equipment break, etc) and through no fault of their own, an athlete sometimes does not have the opportunity to compete in the nominated selection event/s. In this situation the athlete is eligible to apply for a Bye for selection to the relevant team.

The basic philosophy for selecting an athlete by granting a Bye is that the athlete given the Bye has demonstrated superior performances in previous competitions to one or more athlete or athletes being considered for selection.

3. Rules for requesting a bye

The Bye Policy Clause will only apply to selection for specific competitions / events or Teams. The Bye Clause will not apply for nominations by SSC to Sport Canada's Athlete Assistance Program. In the case of a major injury, the AAP Injury Card procedures will be implemented to handle this situation.

- a) Bye requests must be made in writing to the HPCST (see deadlines below)
- b) Unless physically incapable, only the athlete requesting the Bye can submit the request.
- c) If the Bye request is made on the basis of an illness or injury, the skater must provide documented evidence from a sports medicine practitioner of the illness or injury. The HPC has the right to request, and the athlete will provide, further independent medical review after the Bye request has been submitted.
- d) If the Bye request is made on the basis of equipment breakage, this must be reported to and verified by the race referee or HPC representative immediately following the race in which the equipment breakage occurred.

4. Conditions for applying for a Bye

Bye requests will be considered in three categories:

- a) *Pre-competition illness or injury that prevents an athlete from competing in the competition*

If the athlete is ill or injured before the beginning of the competition, he/she must request a Bye **before the Coaches' meeting** at the competition. The HPC Representative must formally announce all Bye requests at this meeting so that all other competitors are made aware of the possibility of a Bye being granted.

b) *Injury, illness or equipment breakage during the competition*

A Bye request must be made **within 24 hours** following the final day of the competition unless the skater is physically incapable of making this request (in such a case, the skater's coach may make the request).

(See clause 3d above for the reporting requirements for equipment breakage)

Specific to categories a) or b):

In the case of selection being based upon a cumulative ranking from multiple competitions, a skater is eligible to apply for a Bye request to a subsequent event if s/he was prevented from competing in one of the qualifying events due to an illness or injury.

c) *Bye request to a specific National Team or Development Team or to the entry field of a competition (Fall World Cup Selections, National Qualifier, etc.) for the season following the selection competition (s)*

The Bye must be requested **within 48 hours** following the final day of the final selection competition.

In all categories:

The Bye request **must state clearly** what the skater is asking for, and provide supporting documentation (medical, race report, referee report etc).

6. Process for reviewing a Bye application

The following outlines the process for considering Bye requests.

- a) Following the final selection competition for the respective Team or competition, the 3 elected members of the HPCST will review the facts and make a decision.
- b) The Bye Point system will be used for head-to-head comparison of athletes in the national ranking. The point system will not be applicable for an entry field of any national competition.
- c) In cases where multiple Bye applications are submitted they will be assessed individually and on their own merit.
- d) The HPCST will name the Team or entry field for a competition which will be communicated, along with the supporting rationale, to the athlete/s requesting the Bye, athlete/s directly affected by the Bye request, the coaches, and athletes' representatives.

7. Conditions for Granting a Bye

When considering whether or not to grant a bye, the HPCST must first evaluate the medical condition of the athlete, the degree to which the athlete has followed the prescribed rehabilitation

process, and his/her readiness to compete according to feedback received from the medical team and his/her coaches. If any of the above conditions are not at a level satisfactory to the HPCST, the Bye may be refused on this basis alone.

Following this preliminary analysis, the HPCST will assign Bye Points on the basis of competition results from the last 12 months using the Bye Point System noted below. These points will be assigned to all skaters in the ranking and those requesting the Bye.

The points of the athlete requesting the bye will be compared against the points of the first athlete in the selection event ranking list not already selected to the team in Step 1 for the respective competition. For the World Championship Team, Step 1 is detailed on page 6 to include the top 3 athletes based on results of cumulative overall rankings from the Canadian Open Championships. For the World Cup 5 and 6 Team, Step 1 also is detailed on page 7 to include the top 3 athletes based on results of cumulative overall rankings from the Canadian Open Championships.

If the athlete requesting the bye has at least 5 more points than the athlete in the ranking list, that athlete will be inserted above the other athlete in the ranking. If not, the athlete requesting the bye will be compared to the next athlete in the list in the same fashion until they are appropriately placed within the adjusted final selection ranking.

When more than one Bye has been requested for a given Team/competition, the Bye from the athlete with the highest Bye Points will be considered first.

POINT GRID

Ranking	FULL POINT GRID*									
	Fall WC Selection	WC 1	WC 2	WC 3	WC 4	Canadian Open	WC 5	WC 6	World Champ	Selection # 2
1	16	10	10	10	10	16	10	10	20	6
2	14	7	7	7	7	14	7	7	16	5
3	12	5	5	5	5	12	5	5	14	4
4	10	3	3	3	3	10	3	3	12	3
5	8	2	2	2	2	8	2	2	10	2
6	6	1	1	1	1	6	1	1	8	1
	Best 2	Per distance				Overall	Per distance			Overall

Notes

1. National events: Points allocated based on the ranking defined for each specific competition. For example, overall as per Canadian Open or best 2 distances as per Fall WC Selection.
2. International events: Points will be allocated for each distance but **only the best 3** world cups during the period will be considered (3000m will not be considered.)
3. An additional 6 points will be allocated to each world championship team member in order to give them the same number of points as the winner at selection #2.

Bye Requests to an entry field for a competition will not utilize the Bye Point system, rather in making the decision the HPCST will evaluate a number of elements including the following:

- a) Head-to-head competition results of the athletes being considered for selection.
- b) Past performances of the skater requesting the Bye,
- c) Results of the selection competition (s) (by skaters in contention for the team),
- d) Recent training and testing performances
- e) Current world rankings of the athletes
- f) Long Term Athlete Development

In some cases, the HPC may award a “Conditional Bye” to skaters recovering from injury or illness. In this situation the skater may have certain conditions imposed. The HPC should be provided confirmation (medical or other, if not a medical problem) that there is no significant physical/psychological limitation to competition. The HPCST must also receive assertion from the coach that the athlete is ready to compete at the appropriate level for the competition in question. The HPCST will specify the date on which the performance and medical assessment will be evaluated.

8. Appeals

Following the announcement of the Team or entry field for a competition where appropriate, any athlete/s affected by the Bye request decision has/have the opportunity to appeal this decision in accordance with the Speed Skating Canada Appeal Policy. (refer to SSC Appeals Policy RES 100)

Approved by the High Performance Committee Short Track on October 5, 2000.
Revision: November 2011