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## MEMO

January 2, 2020

RE: Bulletin 189 – 4Continents Matrix

The below entry quota and matrix were developed based on the release of the unofficial SQRL. In the case that the official SQRL, when released, differs from the unofficial SQRL, the official SQRL published by the ISU will take precedence.

In accordance with ISU Communication 2285 and ISU Rule 208, SECTION 2.5.1, SSC has been granted the following entry quota for 4Continents Championships and up to a maximum entry of 10 ladies and 10 men:

Ladies 500	Ladies 1000	Ladies 1500	Ladies 3000	Ladies Mass Start
3	3	3	3	2
Men 500	Men 1000	Men 1500	Men 5000	Men Mass Start
3	3	3	3	2

As per Bulletin 189 2019-2020 World Cups and World Championships Team Nomination, Section 5.4, nomination for ISU 4Continents Championships will be based on the following:

### 5.3. Qualifying Time

In order to be nominated for ISU 4 Continents Championships, an athlete must have achieved the following 2020 4 Continents Qualifying Time set forth in an Individual Distance as specified in Section 5.4.1.

*Table 1. 2020 4 Continents Qualifying Time*

	Ladies	Men
500m	38.93	35.40
1000m	1:17.19	1:10.16
1500m	1:58.82	1:47.20
3000m	4:11.18	---
5000m	---	6:27.08

### 5.4.1. Performance Results

**Selection Event:** World Single Distance Championships Skate-off, January 3-6, 2020 (Calgary) (the “WSD Skate-Off”)

Athletes who have achieved the Qualifying Time in one or more Individual Distance will be ranked by their final placing in each Individual Distance at WSD Skate-off according to the 4 Continents Matrix (as defined below) in order of priority as follows:

- Athletes who have achieved the Qualifying Time in an Individual Distance at the 2020 WSD Skate-Off pursuant to Section 5.3



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- Athletes who have achieved the Qualifying Time in an Individual Distance at an ISU sanctioned event between July 1, 2018 up to and including the WSD Skate-Off pursuant to Section 5.3.

Rank	Distance	Gender	Position	Name
1	MS	L	1	
2	3000m	L	1	
3	3000m	L	2	
4	1000m	M	1	
5	5000m	M	1	
6	5000m	M	2	
7	MS	M	1	
8	500m	M	1	
9	500m	L	1	
10	1500m	M	1	
11	500m	L	2	
12	1500m	L	1	
13	1500m	M	2	
14	3000m	L	3	
15	500m	M	2	
16	1000m	M	2	
17	500m	L	3	
18	1000m	L	1	
19	500m	M	3	
20	5000m	M	3	
21	1500m	M	3	
22	1500m	L	2	
23	1000m	M	3	
24	1000m	L	2	
25	1500m	L	3	
26	1000m	L	3	

Should additional entry quota remain, athletes may be eligible for Nomination to the Team in order of priority as follows:

- Athletes who have achieved the 4 Continents Qualifying Time in an Individual Distance at the 2020 WSD Skate-off ranked in order of performance percentage of the Individual Distance Qualifying Time set forth in Section 5.3
- Athletes who have achieved the 4 Continents Qualifying Time in an Individual Distance at an ISU sanctioned event since July 1, 2018 ranked in order of performance percentage of the Individual Distance Qualifying Time set forth in Section 5.3
- In the case of remaining quota for Mass Start Nomination, the following process will be used:
  - If there is a remaining quota of two (2), the first skater selected will be the next highest ranked skater in Mass Start at WSD Skate-off who has achieved an Individual Distance Qualifying Time set forth in Section 5.3. The second quota position will be ranked by their final placing in Mass Start at WSD Skate-off and then considered for Nomination to the Team in the following order of priority:
    - Athletes who have been Nominated for the 1500m or 3000m (ladies)/5000m (men) Individual Distances
    - Athletes who have been Nominated for one or more Individual Distances (other than the 1500m or 3000m (ladies)/5000m (men))
  - If there is a remaining quota of one (1), athletes will be ranked by their final placing in Mass Start at WSD Skate-off and then considered for Nomination to the Team in the following order of priority:



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- Athletes who have been Nominated for the 1500m or 3000m (ladies)/5000m (men) Individual Distances
- Athletes who have been Nominated for one or more Individual Distances (other than the 1500m or 3000m (ladies)/5000m (men))

As per Bulletin 189, Appendix E, funding support for 4 Continents will be as follows:

- Up to \$600 CAD towards each skater's round-trip flight to Milwaukee and full financial support for 5 nights room and board with the official ISU accommodations for those ranked in the Top 16 and have met the Qualifying Time set forth in Section 5.3; or
- Self-pay for skaters ranked in positions 17 and lower.

ISU Contribution for room and board will be available for all competing members from Thursday January 30 (lunch) until Monday February 3 (lunch). Official transport is included starting Monday January 27, 2020.

Thank you,

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