



2023-2024 SELECTION CRITERIA FOR MONTREAL'S CANADIAN REGIONAL TRAINING CENTRE (CRCE – MONTRÉAL)

A. Philosophy

Under the CRCE's vision for excellence, and considering the objectives and programs that the national and provincial federations have, all skaters selected according to the following criteria will need to understand that they will be part of a privileged training group where the goal is to develop the world's top skaters.

The CRCE's goal is to accompany the athletes as they develop at all levels, both in their sport and in life outside of their sport, by teaching them the values advocated by the CRCE group such as commitment, work ethic, pushing one's limits and a positive attitude.

In addition to providing a framework and programs of a professional level, the CRCE wants to innovate with a team philosophy that is based on the exemplary attitude of its members, an attitude that stands out by the deep desire of each one of its members to help, encourage and support his/her teammates while also focusing on each one's strengths and the sharing of one's qualities with peers. By developing a group dynamic that is focused on a positive attitude, the development of each skater's potential will be heightened. Espousing this philosophy will be part of the conditions for pursuing one's development towards excellence with the CRCE.

B. Distinctive features of the criteria

All ages indicated refer to the age of skaters as of July 1, 2022, i.e. the current year.

Skater selection includes skaters who will eventually be selected on a national or development team, or will be invited to join the national training group.

The CRCE – Montréal being the organization that has been designated by Speed Skating Canada to oversee the development towards high performance of short track speed skaters from Eastern Canada, athletes from the following provinces and territories will be considered:

- Prince Edward Island
- New Brunswick
- Nova Scotia
- Nunavut
- Quebec
- Ontario
- Newfoundland and Labrador

C. Criteria for annual invitations

- 1) 3 girls and 3 boys from the Canadian Junior Championships
 - A. The top finisher from the 15 and under age categories.
 - B. The top finisher from the 16 and under age categories not selected under criteria A.

- C. The top finisher from the 17 and under age categories not selected under criteria A and B.
- 2) 6 girls and 6 boys from the national senior rankings¹ not selected under criteria 1.
- A. The top finisher from the 14 and under age categories.
 - B. The top two finishers from the 15 and under age categories not selected under criteria A.
 - C. The top two finishers from the 16 and under age categories not selected under criteria A and B.
 - D. The top finisher in the 17 year old age category not selected under criteria A, B and C.
- 3) 6 girls and 6 boys from the ranking by time combining the top 1500m weighted result (1500m/3) and the top two 500m results of the season, who were not selected under criteria 1 and 2.
- A. The top finisher from the 14 and under age categories.
 - B. The top two finishers from the 16 and under age categories not selected under criteria A.
 - C. The top two finishers from the 15 and under age categories not selected under criteria A and B.
 - D. The top finisher from the 17 and under age categories not selected under criteria A, B and C.

		<u>Criteria 1</u>	<u>Criteria 2</u>	<u>Criteria 3</u>	
	Age categories	Canadian Junior Championships	National junior rankings	Ranking by time (1500m/3 + 2x500m)	Total
D	17 and under	1	1	1	3
C.	16 and under	1	2	2	5
B.	15 and under	1	2	2	5
A.	14 and under		1	1	2
	Total	3	6	6	15

* Equal number of boys and girls

* Choice #16 : Discretionary choice among the 17 and under categories

¹ If there are not enough skaters in a category in the National Senior Ranking, then the ranking from Canada Junior Finale will be used.

D. Special consideration / Discretionary choice #16

A skater who was unable to earn a ranking allowing him/her to meet the criteria for annual invitations due to injury, illness or extraordinary circumstances that are out of his/her control (such as a concussion or an incident preventing the athlete from taking part or finishing a competition that affects the national ranking) will be assessed by CRCE coaches following a written request by the skater and will be subject to the approval of the technical committee.

Note : Some form of proof, medical or otherwise, may be requested.

E. Criteria for summertime invitations

Up to 8 skaters, girls or boys, from the rankings based on the times combining the best weighted time in the 1500m (1500m/3) and the top two times in the 500m, among those not selected under the annual invitation criteria or special consideration.

	Age categories	Number of skaters
A	16 and under	2
B.	15 and under	2
C.	14 and under	4
	Total	8

*Priority between genders to be determined based on the gap between the skater's combined times and the world junior record time for his/her gender

- A. The top two finishers from the 16 and under age categories.
- B. The top two finishers from the 15 and under age categories not selected under criteria A.
- C. The top four finishers from the 14 and under age categories not selected under criteria A and B.

Notes : A discussion with the coach in charge of the yearly planning of these athletes will need to take place in order to foster continuity in coaching before and after the summertime training program. A skater who is invited for the summertime period and who is judged to be of an exceptional level by the CRCE coaches may be invited to attend the annual program.

F. Invited athletes who are 18 years of age and over

All athletes who are 18 of age and over and who have taken part in the final Canada Cup short track will be considered and may be selected under the status of invited athletes.

The assessment will be made based on rankings combining the top weighted time in the 1500m distance (1500m/3) and the two fastest times in the 500m. In order to assess boys and girls in the rankings in an egalitarian way, the order of priority will be determined based on the gap between the skater's combined times and the world junior record time for his/her gender.

These athletes will also be assessed under the following criteria:

- Flawless involvement in the program
- Outstanding attitude
- Personal goal of reaching the highest levels
- Clear display of improvement over the last two years
- Ability to have a positive impact on the group's development
- Respect for CRCE values: Respect, Work, Cooperation
- Training background

An invitation will be sent at the CRCE coaches' discretion following the assessment process.

These athletes will have the privilege of going forward with their development with the CRCE/national training group while also becoming teammates and valuable assets in the development of the younger skaters.

G. Refusal or reassignment of a skater to the national training group

In cases where a skater turns down an invitation or is reassigned to the national training group, the spot left open can be filled at the discretion of the coaches by a skater of the same gender than the skater who needs to be replaced.

H. Parameters to follow in terms of rankings by time.

The times that are submitted must have been performed at a competition that has been authorized by Speed Skating Canada or the competition's host provincial federation with electronic timekeeping between **September 1, 2022 and April 9, 2023**. Under special circumstances, manual timekeeping will be accepted (adjustment of 0.2 sec)

The person in charge of each province must provide the list of times to CRCE coach Philippe Clément (pclement@speedskating.ca) **no later than April 10, 2023**.

A time performed in a city located at an altitude higher than 1000m over sea level will be adjusted as per the following formula:

Girls :

- 500m time + 0.700 seconds
- 1500m time + 2.1 seconds

Boys :

- 500m time + 0.500 seconds
- 1500m time + 1.5 seconds

I. School

For athletes who study at the college and university level, it is highly recommended that they be part of the Alliance Sport-Études.

Note : In order to foster holistic development, it is mandatory for athletes to continue with their studies. Athletes who study at the post-secondary level must follow and complete a minimum of 4 courses per semester in order to have the status of full-time student. These standards are in line with the identification criteria for elite-level and up-and-coming athletes that are set by the Fédération de patinage de vitesse du Québec.

For athletes in high school, it is mandatory that they register to be part of a 'Sport-Études' program. Following is a list of schools recommended by the CRCE :

- École secondaire Les Estacades – Distance learning program (Trois-Rivières)
- École secondaire Édouard-Montpetit (Montreal, Mercier – Hochelaga-Maisonneuve borough)
- École secondaire Antoine-de-Saint-Exupéry (Montreal, Saint-Léonard borough)
- École secondaire Georges-Vanier – Program by module (Laval)

Note: If an athlete does not wish to continue his/her high school studies as part of a Sport-Études program, a joint review of his/her case will be carried out by the coach, the athlete and the parents in order to assess which options will allow the athlete to reach his/her goals in terms of academic and athletics skills.

J. The 'Réussite globale – Performance 360' program

Elite-level sport that is developing towards high performance must be carried out by respecting the critical balance that exists in a young athlete's life. This balance must exist between the 3 areas that are present in these young athletes' lives:

- Academic success
- Athletic achievement
- Well-being - personal life / family

To continue to enhance this balance, the CRCE program has an integration and supervisory program named "Performance 360" which is coordinated by a member of the CRCE team.

Among the services offered by Performance 360 are :

- Assistance with relocating skaters from outside the area
- Liaison between the school and the CRCE
- Directing young athletes towards additional outside resources as needed to help find the proper balance in the 3 areas.

To complete the full registration process with the CRCE after being invited, all participants must commit to at least one meeting with the Réussite Globale - Performance 360 program coordinator.