



RED BOOK SUMMARY OF CHANGES 2024

For use as a guide only. The 2024 Red Book is the official resource for reference.

nc = no change

Rule	Page	Summary of Changes - Rationale
Section A:	7	
Preamble	7	Change LTAD to LTD – current nomenclature in sport system
Purpose	7	nc
Guiding Principles	7	nc
Interpretation	8	nc
Section B:	9	
B1 Age	9	nc
B1-100	9	nc
B1-101	9	“gender” becomes “gender categories” – current terminology
B1-102	9	nc
B1-200	9	nc
B1-300	10	nc
B2 Activities	10	nc
B2-100	10	nc
B2-200	10-12	nc
B3 Authorization	13	
B3-100	13	nc
B3-200	13	Removed USA from rule – clarification between national and international events
B3-300	13	nc
B3-400	13	nc
B4 Sanctions	13	
B4-100	13	Removed repetitive elements from B4-602, expanded on purpose – clarity and reduce repetition
B4-200	14	
B4-201	14	nc
B4-202	14	Changed “forms” to “requirements” – update to reflect current method of operating
B4-203	14	Added implicit and explicit endorsement – clarify that it is the Member’s role to determine how they endorse events in their regions
B4-300	14	Point 4 became “National”, removing “Canada Cup/International” – avoid issues/contradictions between competition objectives within one type of sanction. Point 7 International (NEW) sanction to address non ISU international events in Canada – to accommodate the removal from point 4.
B4-400	15	nc



B4-500	15	nc
B4-501	15	nc
B4-502	15	nc
B4-503	15	nc
B4-600	15	nc
B4-601	15	nc
B4-602	16	Gathered all elements from B4-100 – clarification and organization of points
B4-603	16	nc
B4-604	16	nc
B4-605	16	nc
B4-700	16	nc
B4-800	17	
B4-801	17	nc
B4-900	17	
B4-901	17	Added who can prepare the protocol and which sanctions required age class noted in protocols – clarify responsibility and process
B4-902	17	nc
B5	17	
B5-100	17	nc
B5-200	17	nc
B5-201	18	Added neo-junior LT championships, updated age categories – update to current event regulations
B5-202	18	Added neo-junior ST championships, updated age categories – update to current event regulations
B5-203	18	nc
B5-300	18	nc
B5-301	18	nc
B5-400	19	Added neo-junior championships – update to current events
B5-401	19	Changed preliminary entry rules – update to current online process with IceReg tools
B5-402	19	Directing towards bulletins – update to current process with IceReg and enabling flexibility with process for different events
B5-403	19	nc
B5-404	19	Added IceReg process – update to current methods
B5-405	19	Added reference to bulletin – clarify where details for each event can be found
B5-406	19	Added details around fees and withdrawals – clarification and update to current practice
B5-500	20	
B5-501	20	nc
B5-502	20	nc



B5-503	20	Title: Added Neo-Junior Championships – update to current events Point 2: Adjusted deadline from 3 months to 6 weeks and added points on best interest of participants, True Sport principles and objectives – provide more flexibility to better serve participants, especially the skaters, to achieve intended goals when unexpected/unpredictable events occur
B5-504	21	Title: Added Neo-Junior Championships – update to current events Point 2: Adjusted deadline from 3 months to 6 weeks and added points on best interest of participants, True Sport principles and objectives – provide more flexibility to better serve participants, especially the skaters, to achieve intended goals when unexpected/unpredictable events occur
B5-600	21	
B5-601	21	Included “other” and “host” awards – update to current practice
B5-700	21	nc
B5-800	21	nc
B5-900	22	nc
B5-1000	22	
B5-1001	22	Added IceReg functionality – update to current practice
B5-1002	22	Added “in the field of play” – update to increase ability to enforce stricter regulations
B5-1003	22	nc
B5-1004	22	Updated deadline – update to current practice enabled by IceReg functionality
B5-1005	22	Added “field of play” – expanding area of enforcement regarding coaching credentials
B5-1006	23	Added details for ST and LT – update for clarity and current practice for enforcement of access and support for coach development
B6	23	
B6-100	23	nc
B6-200	23	nc
B6-300	23	nc
B6-400	24	nc
B6-401	24	nc
B6-402	24	nc
B7	24	
B7-100	24	nc
B7-200	24	nc
B7-300	24	nc
B7-400	25	nc
B7-500	25	nc
B7-600	25	nc



B7-601	25	nc
B7-602	25	nc
B8	25	Changed “Canada Cup/International” to “National” – increased specificity of sanctions
B8-100	25	Specified purpose for non-championship events - clarity
B8-200	26	Changed “Canada Cup/International” to “National” – consistency
B8-300	26	Skaters from other NSF’s eligibility moved to competition/event bulletin – flexibility for national events
B8-400	26	nc
B8-500	26	Changed “Canada Cup/International” to “National” – consistency
B8-600	26	nc
B8-601	26	Specified “SSC Member” coaches – ability to set regulations specific to Canadian vs International coaches
B8-602	27	nc
B8-603 (NEW)	27	Added requirements for non-SSC Member coach certification at national events – control of coaching environment, safety of participants, value of coach certification
B8-604 (NEW)	27	Added identification requirements for this sanction - control of coaching environment, safety of participants, value of coach certification
B8-605 (NEW)	27	Added rule for coaching box access – clarity and consistency across events
B8-700	27	Added SSC’s designated National events - clarity
B8-701	27	Entry requirements moved to bulletins and registration to IceReg– update for current practice
B8-702	28	nc
B8-703	28	Removed “Coaching Certification” – redundancy Rule becomes Payment of Fees – consistency with handling of fees and continuity following rule B8-702
B8-704	28	nc
B8-800	28	
B8-801	28	Changed “Canada Cup/International” to “National” – consistency
B8-802	28	nc
B8-900	28	
B8-901	28	Changed “Canada Cup/International” to “National” – consistency
B8-902	28	nc
B9	29	
B9-100	29	nc
B9-200	29	nc
B9-300	29	“comprised of” – wording, clarity
B9-400	29	nc
B10	29	
B10-100	29	nc



B10-200	29	nc
B10-300	29	nc
B11	30	
B11-100	30	nc
B11-200	30	nc
B11-201	30	nc
B11-202	30	Upper age limit at CWG ST changed from 18 to 19 and LT changed from 19 to 20 – alignment with current practices and agreement with PTSOs, Canada Games Council
B11-300	30	Wording added – to identify that National Sanction needed specific adjustments to fit CWG event
B11-301 (NEW)	30	Added coaching requirements specific to CWG – which are different than the National Sanction requirements
B11-400	30	nc
B12 (NEW)	31	Created International Sanction – to address non ISU international events in Canada, to accommodate the removal from point 4 of B4-300
B12-100 (NEW)	31	Identify purpose of new International Sanction
B12-200 (NEW)	31	Identify rules and regulations guidelines for International Sanction
B12-300 (NEW)	31	Identify eligibility guidelines for International Sanction
B12-400 (NEW)	31	Identify responsibilities of OC for International Sanction
B12-500 (NEW)	31	Identify process for selection of officials for International Sanction
B12-600 (NEW)	31	Identify coaching certification requirements for International Sanction
B12-601 (NEW)	32	Identify coaching certification requirements specific to SSC Member coaches for International Sanction
B12-602 (NEW)	32	Identify coaches “In Training” requirements for International Sanction
B12-603 (NEW)	32	Identify coaching certification requirements specific to non-SSC Member coaches for International Sanction
B12-604 (NEW)	32	Identify coach identification guidelines for International Sanction
B12-605 (NEW)	32	Identify number of coaches in the coaches box for International Sanction
B12-700 (NEW)	32	Rule Title
B12-701 (NEW)	32	Identify process for entries into International Sanction events
B12-702 (NEW)	32	Identify process for entry fees into International Sanction events
B12-703 (NEW)	33	Identify process for payment of fees into International Sanction events
Section C	34	
C1	34	nc
C2	34	nc
C2-100	34	Changes approved by board and subsequently updated March 1, 2024 – increasing the number of years track surveys maintained



		valid certification – saving clubs/PTSOs costs and reducing unnecessary recertification of good tracks
C2-200	35	nc
C2-201	35	nc
C2-202	35	nc
C2-203	36	nc
C2-204	36	nc
C3	37	
C3-100	37	nc
C3-101	37	nc
C3-200	37	nc
C4	38	
C4-100	38	nc
C4-200	38	nc
C4-300	38	Added guidance around the authorization of past racing suits. The referee “may” suspend the skater for the remainder of the competition. Remove “shall” – provides referee the option to apply discretion based on the infraction/actions of the skater
C5	39	Added “and Video Referee(s)” to the Assistant Referee(s) bullet point – clarification and align with current roles/practice
C5-100	39	Added missing roles or updating names – reflect current Officials Pathway
C5-200	39	Update hyperlink reference to ISU Rules 216-221
C5-201	39	nc
C5-202	40	Update hyperlink reference to ISU Rule 217
C5-203	40	Update hyperlink reference to ISU Rule 220
C5-204	40	Update hyperlink reference to ISU Rule 221
C5-205	40	Added Sport Expert with hyperlink to ISU Rule 218
C5-206	40	Added Track Judges with hyperlink to ISU Rule 219
C5-300	40	nc
C5-301	40	nc
C5-302	41	Point 2 updated wording “May be positioned off-ice, as determined by the chief referee, to best serve the objectives of their role for the event or race.” – align with current practice and enable referees to adjust based on the real time situation
C5-303	41	Added “starter” for specificity
C5-304	41	Change to “The assistant starter may recall the race if a false start occurs.” Omit “if directed by the starter” – align with updated ISU regulations
C5-305	41	Competitor Steward - Alignment with nomenclature
C5-306	41	nc
C5-307	41	Include E-Timer – align with current practice, nomenclature
C5-308	41	nc



C5-309	41	nc
C5-310	41	nc
C5-311	42	nc
C5-312	42	Increased requirement for number of Track Stewards for SSC Championship, National and International Sanctions (minimum 2 per corner, preferably 3 per corner). Minimum of 1 Track Steward for other events – alignment with current practice and performance needs at higher caliber events.
C5-313	42	Include E-Timer – align with current practice, nomenclature
C6	43	
C6-100	43	Removal of unique number requirement – align with current practices
C6-200	43	Changed “Canada Cup/International” to “National” – consistency Added “unless otherwise stated in a relevant competition bulletin” - to enable competition specific rules to be applied.
C6-300	43	Updated chart distances – align with current distances
C6-400	44	nc
C7	44	
C7-100	44	nc
C7-101	44	nc
C7-102	45	nc
C7-103	45	nc
C7-200	45	nc
C8	45	
C8-100	45	nc
C8-200	45	nc
C8-300	45	nc
C9	46	
C9-100	46	nc
C9-101	46	nc
C9-102	46	nc
C9-103	46	nc
C9-104	46	nc
C9-105	46	nc
C9-200	46	nc
C9-201	46	nc
C9-202	46	nc
C9-203	46	nc
C9-204	47	nc
C9-205	47	nc
C9-206	47	nc
C9-207	47	nc
C9-208	47	nc



C10	48	nc
Section D	49	
D1	49	nc
D2		
D2-100	49	nc
D2-101	49	Update appropriate sanction references and include chart of events with respective padding requirements – consistency or nomenclature and clarity of standards
D2-102	50	nc
D2-103	50	nc
D2-104	50	Added hybrid system – clarity of standards
D2-200	50	nc
D2-201	51	Changed “Canada Cup/International” to “National” – consistency
D2-202	51	nc
D3	51	
D3-100	51-54	Added relevant sanction references, SSC’s Skating Development Program – Consistency and clarity of requirements. Added to chart “Racing suit” reference within “Rest of body protection” and increased safety for neck, to the top of the neck – align with current practice of racing suit design and ISU standards for safety
D3-200	54	nc
D3-300	54-57	Added “and Team” – to reflect relevant SSC and ISU events Added appropriate sanction reference – consistency In Chart: Added increased neck protection “entirety of neck” – to align with ISU minimum standards Added “Racing suit” reference within “Rest of body protection” and increased safety for neck, to the top of the neck – align with current practice of racing suit design and ISU standards for safety
D3-301	57	nc
D4	57	
D4-100	57	Added “speed skating” to list of helmets – align with how equipment is sold for specific speed skating purpose
D5	58	Updated definitions to include standardized tools for concussion recognition (SCAT6, Child SCAT6, Concussion Recognition tool)
D5-100	58	nc
D5-101	59	Complete review of medical personnel requirements to enhance understanding for host committees and event organizers. Established clear distinctions between camp/practice days and competition days, along with levels of skaters participating.



		The requirement for physicians to be present at long track events and short track interclub and youth competitions has been removed.
D5-102	59	Refined language and added recommendation for appropriate footwear to walk on ice.
D5-103	59	Revised language to align with ISU requirements for on-ice emergencies. Clarification: the medical team does not require permission from the referee but requires the referee's support to ensure safe access to the ice surface.
D5-104	59	Updated section title from “Designated Medical Area” to “Location of Medical Personnel”. Revised language to align with July 2024 ISU Medical Guide.
D5-105	59	Updated section title from “Arena Medical Clinic” to “On-Site Medical Room”.
D5-106	60	nc
D5-107	60	nc
D5-200	n/a	Removed
D5-201	n/a	Removed
D6	60	nc
D6-100	60	nc
D6-101	61	Changed “Canada Cup/International” to “National” – consistency
D6-102	61	Changed “Canada Cup/International” to “National” – consistency
D6-103	61	nc
D6-200	61	nc
D7	61	
D7-100	61	Comprehensive update of temperature guidelines to enhance clarity of recommendations. Included website for weather information, along with a list of individuals who should participate in discussions and decision-making regarding the event's continuation.
D7-101	n/a	Removed
D7-200	62	nc
Section E	63	
E1	63	Added “categories” to gender – alignment with current nomenclature
E1-100	63	nc
E1-200	63	nc
E1-300	63	nc
E2	64	nc
E2-100	64	nc
E2-200	64	nc
E2-201	64	nc
E2-202	64	nc



E2-300	64	nc
E2-301	64	nc
E2-302	64	nc
E2-303	64	nc
E2-304	64	nc
E2-305	64	nc
E2-306	65	nc
E3	65	nc
E3-100	65	nc
E3-200	65	nc
E3-201	65	nc
APPENDICES	66	
Appendix A	67-68	Points 4 & 5: clarification around process and availability for official's assignments
Appendix B	69	nc
Appendix C	70-77 Edit p73	Level 5 Added for clarification and alignment
Appendix D	78	Chart completely revised - to establish a clear and simple threshold for canceling events due to cold weather, and improved guidance for events occurring near the threshold for cancellation. Revised to reflect the latest medical research and information from the Canada Games.
Appendix E	79	nc